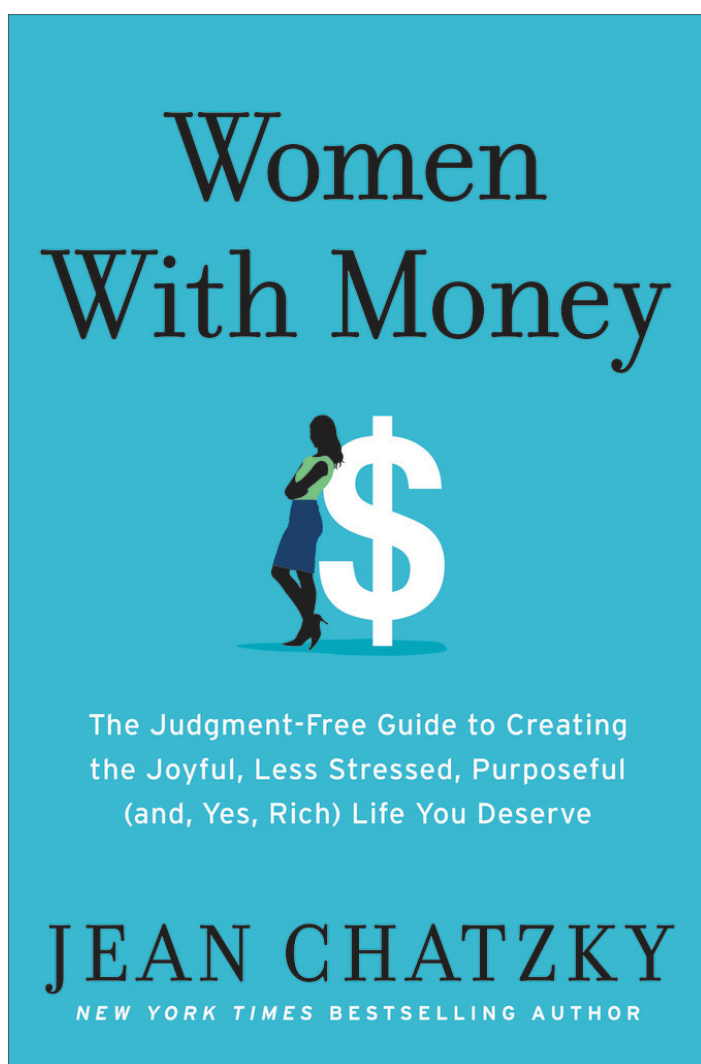


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Women with Money: The Judgment-Free Guide to Creating the Joyful, Less Stressed, Purposeful (and Yes, Rich) Life You Deserve.

Chatzky, Jean (author).

Mar. 2019. 288p. Grand Central/Life & Style, \$28 (9781538745380); e-book, \$14.99 (9781538745373). 332.0240082.

REVIEW. First published February 1, 2019 (Booklist).

Today Show financial expert Chatzky (AgeProof, 2017) offers this females-and-money tome bolstered by research into the psychological underpinnings behind money relationships as well as her own series of happy-hour discussions and one-on-one conversations with Philadelphia women of varied ages and circumstances. Her findings make her recommendations all that much more real and, occasionally, even poignant in the stories she relates. Exercises will help readers confront money demons and encourage dialogues about unspoken fears, angers, and concerns. A few examples: fill in the blank to “the money secret I’ve been keeping is ___.” Or “What messages did your mother/father pass down to you as a child?” Much of the other content is standard, such as negotiating for salaries/promotions, understanding investments—and the obstacles—launching a business, etc. At the end, it is all about being financially independent, expressing the difference between wants and needs, telling yourself no and learning how to wait, and knowing that it’s not the end of the world to fail. Sensible *and* sensitive.

— Barbara Jacobs

